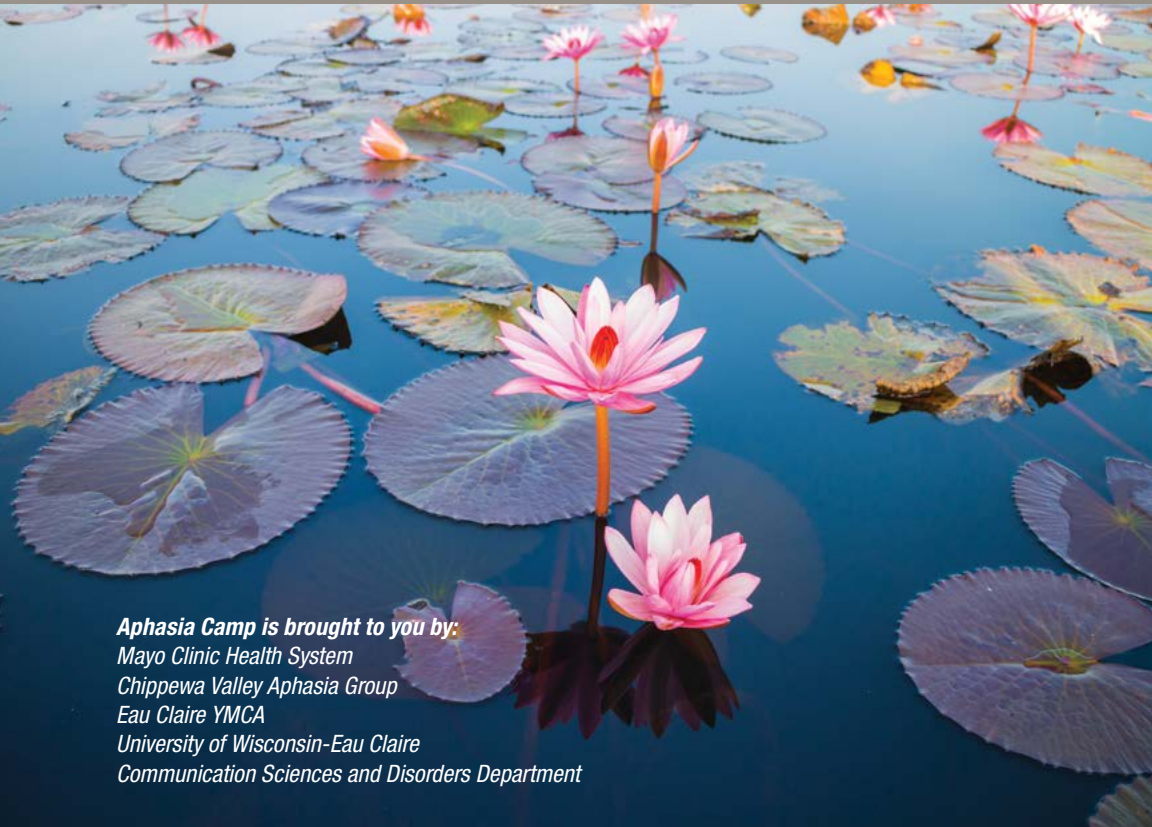




MAYO CLINIC
HEALTH SYSTEM

16TH ANNUAL APHASIA CAMP



Aphasia Camp is brought to you by:
*Mayo Clinic Health System
Chippewa Valley Aphasia Group
Eau Claire YMCA
University of Wisconsin-Eau Claire
Communication Sciences and Disorders Department*

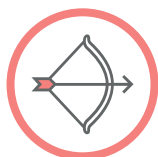
A relaxing weekend retreat in a
rustic setting for people with aphasia

SEPTEMBER 13-15, 2019
YMCA Camp Manitou | New Auburn, Wis.

“One of the most rewarding experiences we’ve encountered since the stroke. Lots of useful info and loads of fun!”

ACTIVITIES/OPPORTUNITIES

Activities that will be offered at camp include



Archery



Arts



Boating/Fishing



Conversation



Crafts



Golf



Hiking



Music



Woodworking



Writing



Yoga

CAMPFIRES & MORE!

People with aphasia will have the opportunity to interact and practice their communication skills in a supportive setting.

Campers will choose which activities they wish to participate in before camp.



MISSION

The mission of Aphasia Camp is to offer people with aphasia and their significant others activities and resources to increase social interaction and facilitate communication success.

OBJECTIVES

- Provide resources for living successfully with aphasia that can be applied in everyday life
- Offer opportunities to resume and explore recreational activities
- Promote health and wellness
- Provide motivating opportunities for interaction and participation that carry on after camp
- Provide opportunities for spouses and caregivers within a relaxing atmosphere

WHO SHOULD ATTEND

Individuals with aphasia and a friend/ significant other

STAFF

Staff at the camp will consist of skilled professionals, including speech pathologists, physical therapists, occupational therapists, registered nurses and trained volunteers.

In addition, musicians, artists, a massage therapist, yoga and fitness instructors, and other professionals will lead selected activities.

LODGING & MEALS

Accessible cabins accommodate six to eight people. You may be required to share a cabin with other campers with aphasia. Bathrooms are centrally located, and trained staff will be available to provide assistance at any time. All meals will be provided, although campers might wish to bring along additional snacks.

Hotel accommodations are available upon request.

LOCATION

YMCA Camp Manitou is located on 120 acres along the shores of Lower Long Lake in New Auburn, Wis., about 50 miles north of Eau Claire.

COST

Tuition includes all program materials, activities, meals and overnight accommodations for two nights and three days. Cost is \$150 a person with aphasia and \$100 a caregiver/family member. The cost to participate for a day is \$75 a person.



APHASIA CAMP



“I’m able to meet new friends and see old friends.”

MORE INFORMATION

For more information about Aphasia Camp, please contact:

Mary Beth Clark, Speech Pathologist
Mayo Clinic Health System Rehabilitation Services
715-838-1725 | clark.marybeth1@mayo.edu

In addition, when you return the registration form contained in this brochure, you will receive a packet of information four weeks before the start of camp containing a list of what to bring to camp, a schedule of events, a map to camp, health history forms, waivers for participation and activity registration forms.

REGISTRATION

Aphasia Camp • Sept. 13-15, 2019

Yes! I would like to attend Aphasia Camp. Number attending _____

Name (person with aphasia) _____

Name (caregiver/significant other) _____

Address _____

City _____

State/Zip _____

Phone _____

Email _____

Please email me camp information.

Tuition: per person with aphasia \$150.
per caregiver or family member \$100.
per person for day option \$75.

Total \$ _____ enclosed

Please make checks payable to: Mayo Clinic Health System.

Space is limited so register early! Registration deadline is Aug. 9, 2019.

Send your payment and completed registration form to:

Mary Beth Clark, Rehabilitation Services
Mayo Clinic Health System
1400 Bellinger St.
Eau Claire, WI 54703-5211

Online registration available at

mayoclinichealthsystem.org then search for Aphasia Camp.